



PACKING LIST GUIDANCE:

Please find guidance regarding what to bring along to the conference. This list is not comprehensive but highlights our recommendations and essentials for the conference:

INDIVIDUAL:

Clothing	Toiletries	Extra's
<p>Basics:</p> <p>T-Shirts/ Shirts/ Tops</p> <p>Long pants</p> <p>Shorts</p> <p>Underwear</p> <p>Pajamas</p> <p>Warm jacket/ warm top*</p> <p>Socks</p> <p>Shoes (Closed & Sandals)</p> <p>Essentials:</p> <p>School Uniform</p> <p>Strong walking shoes</p> <p>Old/ work clothes</p> <p>Clothing for cultural vening</p> <p>Smart outfit (for social)</p>	<p>Basics:</p> <p>Soap</p> <p>Shampoo</p> <p>Toothbrush</p> <p>Toothpaste</p> <p>Lip ice</p> <p>Miscellaneous personal toiletries</p> <p>Essentials:</p> <p>Pair of Gardening gloves</p> <p>Sun hat</p> <p>Sun block (SPF 30+)</p> <p>Mosquito Repellent</p>	<p>Basic:</p> <p>Phone</p> <p>Phone charger & cables</p> <p>Camera (optional)</p> <p>Sunglassess</p> <p>Essentials:</p> <p>Torch with batteries</p> <p>Medications</p>

*Cape Town has the unique ability to have all four seasons in one day. We would recommend a light jacket that can easily be stuffed into a drawstring bag to guard against shifting weather.

** Some activities will be water but swimming is completely optional for delegates.

DELEGATION:

<p>School Flag</p> <p>Requested documentation</p> <p>Passports & travel insurance (if necessary)</p>
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